

# LEADERSHIP DISEASE CHECKLIST E2. BCT (BLAMCRITONOMY)

## SYMPTOMS - Signs & Causes

Are you experiencing any of these now or in the past? Which apply to you?

- You condemn leaders or people who are on the other side of an issue.
- You get angry when people complain about you.
- You deflect from your mistakes or inadequacies.
- You know hard lessons are the best ones. They sink in deeper.
- Deep in your heart, you know something was at least partially your fault, but you want the blame to land on someone else.
- You have great difficulty acknowledging good in people. You primarily or mostly focus on the negative.
- You spend most of your time with people who are *not* doing well giving you plenty to criticize or blame.
- You really don't care if people get mad at you.
- You ask questions that are impossible to answer.
- When you overhear, "I just got royally chewed out!" you know they are talking about you.
- You believe if people are not told what they are doing wrong, they will never learn.
- You are often harsh with your feedback.
- You do not try to understand why someone did what they did.
- You believe if you make others look bad, they won't see your deficiencies.
- On the bathroom wall someone wrote, "\_\_\_\_\_ is a jerk," and your name was in the blank. (The word jerk may be replaced by a variety of less complimentary words.)
- You do not care how people feel or what they are experiencing.
- You frequently use the phrase "I told you so" (or some form of it).
- You believe people are the problem, and it is seldom the system that is at fault.
- You seldom intervene when failure is about to happen as it gives you someone to blame.
- You generally do not like the way others do things.
- People believe and say that you are impossible to please.
- You like to take credit for what went well and find fault with others on what went poorly.

BCT (BLAMCRITONOMY) - SYMPTOMS: Total Score: