

# LEADERSHIP DISEASE CHECKLIST D4. EXOCARDIO

## SYMPTOMS - Signs & Causes

Are you experiencing any of these now or in the past? Which apply to you?

- You cannot understand why people are not as committed as you are.
- You believe everyone else should think, feel, and act as you do.
- You think that everyone will love your idea, immediately embrace it, and begin to work toward the goal.
- You sometimes make projects bigger than they need to be.
- You expect the other leaders should be at your level of commitment.
- In a moment of frustration, you have heard people say, "I am not going to kill myself like you!"
- You are disappointed and frustrated that everyone is not taking this as serious as and not working as hard as you.
- You are frustrated when people will not make the same sacrifices that you do.
- You are surprised or irritated when people back out of commitments.
- You believe that the cause would die or diminish significantly without your involvement.
- You expect people to volunteer to help when resources are low or stretched.
- You believe or assume others have the same passion level as you.
- You bring someone onto your team because you gauge their passion to match yours.
- You expect people stay later and longer to get the job done.
- People complain that you will never be satisfied with their level of commitment.
- You want people to be as passionate and committed as you are.
- Your values and beliefs are right, and a lot of others have got it wrong.

**EXOCARDIO - SYMPTOMS: Total Score:**