

LEADERSHIP DISEASE CHECKLIST B4. IMPOSTA ATAXIA

SYMPTOMS - Signs & Causes

Are you experiencing any of these now or in the past? Which apply to you?

- You are or were the obvious or only choice for leader replacement.
- You feel like you were not ready for this or got in too soon.
- You are miserable and dread it every time you must perform.
- You cannot remember why you jumped in or volunteered for this role.
- Extol an aspiring leader's attributes when introduced.
- You are scared and may not even know why.
- You feel unprepared for the position, not sure you possess the abilities needed.
- You believe you and your contribution have no value to the organization.
- You feel you are past your prime or the right time to serve.
- You do not understand the full depth of the responsibility you have taken on.
- You discover you were put in the position to fail.
- It seems as though people do not trust you.
- You cannot see how your role fits into the organization.
- You are creating a false sense of power, prestige, or authority to compensate for your shortcomings.
- People believe you are pretending to be an expert.
- You have feelings of being *in over your head*.
- You are making an excessive number of mistakes.
- Superiors, colleagues, and others are telling you what to do, and they did not use to do that.
- People say, "I guess we need to step in and handle this since our leader (meaning you) is not handling it."
- Others are taking over what you believe to be your responsibilities.
- They (whoever) are plotting a coup.
- You find it difficult to be confident or bold in your actions.

IMPOSTA ATAXIA - SYMPTOMS: Total Score: