

LEADERSHIP DISEASE CHECKLIST B2. NOMADIA

SYMPTOMS - Signs & Causes

Are you experiencing any of these now or in the past? Which apply to you?

- You are not sure what to do next week or next month.
- You are asking others to give you direction or tell you what you need to do next.
- You indulge in self-pity.
- You are not taking full responsibility for the efforts you are leading.
- You are ignoring or denying your calling.
- People say your head is not in the game.
- You fear trying something else would be an admission of failing or being ineffective.
- You feel you are not worthy of being called a leader.
- You no longer pay attention to the essential or the critical details of the organization.
- You recognize your path or problem is uncharted, and you have no idea how to approach it.
- You are afraid you will fail, so you are frozen.
- It feels like you are lost in the desert with hallucinations of being rescued.
- You have lost your ambition.
- You begin to see that measurable results are deteriorating.
- You feel stuck, unable to move.
- It seems as though there is no direction to go, or all the choices are bad.
- You feel like everything has collapsed and you are at the end.
- You used to be overly passionate or extremely committed, but now you feel neither.
- You blame yourself for what is happening.
- You ask others how to get started.
- You feel like a mule with excess baggage (old stuff, not usable) weighing you down.
- It seems you or we have tried everything.
- You have stopped trying to be the best you can be.
- You believe that no one could possibly have a better idea or way than yours.
- You have stopped intervening especially when failure appears imminent.
- You feel defeated or beaten.

NOMADIA - SYMPTOMS: Total Score: