

LEADERSHIP DISEASE CHECKLIST B1. EXPLATONOMY

IMPACT - Risk Factors, Stages & Outcomes

What has already happened or might occur?

- People know it will take you a while to get something done.
- People are concerned you may or will drop the ball.
- Your impact and effectiveness are diminished.
- People are resentful because they were counting on you.
- Your family and friends get less of your time and attention.
- You quit nearly everything or all of your leadership roles.
- You feel stressed, trapped, or depressed nearly all the time.
- People believe you are always late, and they are usually right.
- You burn out because you are worn out.
- You cannot find the time to think or consider decisions.
- You miss deadlines, scheduled events, and forget more often.
- You feel physically ill, and your body does not operate well.
- Your reputation is damaged and your impact diminished.
- People know they cannot count on your leadership.
- Meaningful work is derailed.
- You become more tired or more frustrated,
- There is a higher probability you may contract HARMONOPATHY (p. 97).
- You cannot and do not get everything done. Things slip through the cracks.
- You are easily distracted by competing demands.
- People are not sure they can trust you to get things done.
- Your relationships with family and friends are damaged.
- People quit asking you and you miss some good opportunities.
- Your mind is overloaded with tasks, projects, and responsibilities.

EXPLATONOMY - IMPACT: Total Score: