

LEADERSHIP DISEASE CHECKLIST A5. SUPRAPERFEKTUS

SYMPTOMS - Signs & Causes

Are you experiencing any of these now or in the past? Which apply to you?

- You believe that leaders should not make mistakes.
- You do not share how you feel or what you think because you could be judged or seen as weak, doubting, and unsure.
- You expect that you should know what to do or to have the answers all the time.
- You believe that you must not fail. You must not make a mistake.
- You do not like to acknowledge when you do something wrong.
- You take great pride in what you do.
- You think people expect you to know the most and be the best.
- Often you are highly concerned that you will not get the correct results.
- You know you are a role model and are held to a much higher standard.
- You are often fearful you might or are going to fail.
- You secretly hope other people will screw up, thus taking the focus off you. Actually, you sometimes relish it.
- You think your people count on you to know more than anyone else.
- Your people say things like: "We are counting on you," "Don't make the wrong decision," "We know you won't lead us astray," and you affirm it by your silence or say "Yes, that's right."
- You believe leaders should see all, know all, do all.
- People tell you it will not happen to you, you are invincible, and you believe them.
- Everyone is counting on you to not make a mistake and damage those who count on your leadership.
- You believe that a leader should not show vulnerability.
- You believe leaders should be extraordinarily confident, charge forward, and never retreat.
- You often worry about not doing it right or not doing the right thing.
- You believe there could be dire circumstances if you make a mistake.
- You never want people to see you sweat.
- You think it is important that you fix everything.
- You want to be seen as the best.
- You believe leaders must know everything about everything.

SUPRAPERFEKTUS - SYMPTOMS: Total Score: